ITALIAN STYLE CHICKEN NOODLE SOUP



Ingredients:

1 and 1/2 cups chopped celery

1 cup chopped carrots

1 cup chopped onion (white or brown)

5 large cloves of garlic (chopped)

Macala Extra Virgin olive Oil (to cover the bottom of the soup pot)

1 large container of baby spinach (about 12-14 ounces)

*Note: You can substitute other greens of your choice if you like.

(mustard greens, escarole, endive, arugula, dandelion greens)

2 pinches of Macala oregano

Salt and pepper to taste

3 cartons (32 ounces each) Organic chicken stock or broth (Or make your own chicken stock by boiling a whole chicken).

I whole chicken deboned and shredded removing the skin and fat as you go.

*Note: You can also purchase a pre-cooked rotisserie chicken and remove the bones and fat and skin and shred it if you are using the cartons of chicken broth.

I pound of pasta of your choice cooked al dente and tossed with Macala olive oil and saved for later.

Preparation:

Heat the olive oil over medium heat and add to the pot the chopped veggies. (celery, carrot, onion, garlic and parsley).

Saute' the veggies as a base for your soup.

Add the dried oregano, salt and pepper.

Add the chicken broth/stock and bring to a boil.

Add the shredded cooked chicken and continue to cook on a medium to medium high heat until the flavors marry well. (maybe about 20 minutes)

Add in all of the spinach. The spinach will wilt down fairly quickly.

Now the soup is ready to ladle over a serving of your pasta into the soup bowls.

Sprinkle a little bit of grated Parmesan or Romano on top as well as a drizzle of Macala olive oil.

*Optional: (a little bit of red pepper flakes)